



Travellers Worldwide is a leading International Provider of
Volunteering Programmes, Work Experience Internships
and Cultural Courses Abroad

NEW ZEALAND



PHYSIOTHERAPY, OCCUPATIONAL THERAPY AND SPEECH LANGUAGE THERAPY WORK EXPERIENCE WITH PHYSICALLY DISABLED CHILDREN IN AUCKLAND

Gain Physiotherapy and/or Occupational Therapy experience with physically disabled children at a special unit in Auckland. You'll assist in a unit that has a large number of children with physical disabilities such as multiple sclerosis, cerebral palsy and mobility problems.

As well as gaining valuable experience, you'll get a wonderful sense of achievement from assisting in helping these great kids!

Thank you for your interest in this Project. Below is a description of what you can do and expect. You can volunteer whether you're taking a gap year, on a career break, retired, or on a holiday with a purpose. No matter what your age or experience, we look forward to welcoming you to the team!

WHAT DO YOU GET?

SELF-DEVELOPMENT:

- New skills, more confidence, a greater understanding of a different culture, invaluable personal and professional development.
- The enormous satisfaction of also helping disadvantaged children and knowing that you made a difference to them.
- An entry on your CV or résumé that will put you head and shoulders above most others in the job market.

SAFETY AND SECURITY

- Your safety is our top priority. We risk-assess all destination countries, projects, accommodation and more to ensure that they are stable and safe.
- We have experienced local staff with 24/7 back-up and support who are there to assist you and look after you, starting with an in-depth induction on your arrival.

AN ADVENTURE!

- An exciting, never-to-be-forgotten adventure into New Zealand and its diverse cultures! And best of all ... **an unforgettable experience!**

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TravelQuest Ltd t/a Travellers, registered in England & Wales, Registered Office: 7 Mulberry Close, Ferring, West Sussex, BN12 5HY, Reg. No. 3072191, VAT Registration: 786540201

Prices: From **£1,495** for 4 weeks, **£200** for each additional week, excluding flights.

See our [Full Price List Online](#)

Duration: From 4 weeks to 12 weeks or longer, subject to visa requirements.

Start Dates: Projects start every Thursday, during school term times only (see "Work Content" tab) – you choose your start and finish dates.

Requirements: You should either be in your second year of study (or higher) or be qualified in, Physiotherapy or Occupational Therapy.

Minimum age 18.

What's Included:

- ▶ Arranging your Programme,
- ▶ Payment Protection insurance
- ▶ Certificate of Completion
- ▶ Meeting you at the nearest airport
- ▶ 24-hr emergency support.
- ▶ Full pre-departure support and assistance,
- ▶ Accommodation
- ▶ Transfer to the placement site
- ▶ In-country team support and backup

What Not Included: Flights, Insurance, Cost of Visas, Food, Transport to and from your project, Return transfer to airport.

SUMMARY

PROJECT OVERVIEW

You'll assist in a unit that has a large number of children with physical disabilities such as multiple sclerosis, cerebral palsy and mobility problems. You'll work alongside and under the guidance of the current therapist at the unit, helping the children with their disabilities.

ABOUT THE CENTRES:

The Inclusion Support Centres we work with are attached to the following schools:

- Primary (for children aged 5-10 approx.)
- Intermediate (for children aged 10-12 approx.)
- Secondary (for children aged 12-18 approx.). Here students with disabilities can grow emotionally, socially and cognitively in a challenging and supportive environment with maximum contact with their age peers. Many of the children at the unit are wheelchair bound and require constant attention.

The Centres have a number of staff who work with the children, such as

- Physiotherapist
- Occupational Therapist
- Speech Therapists
- Teachers

The staff and the parents work together to establish what the aims are for their children and how the therapists can achieve them with the outcome of an individual programme for each child. Where possible, the children will be integrated into the mainstream schools to give them the opportunity to interact with their peers throughout the school day while supported by special educated teachers, teacher aids and therapists (Occupational, Physio and Speech Language Therapists). The centres also boasts a number of facilities, such as a gym which includes balancing bars, treadmills, weights, stepper, Swiss balls, stationary cycles for the therapist to work with.

The staff at the centre are incredibly friendly and welcoming people, true Kiwis! You will be learning from qualified professionals who have a real passion and love for what they do and they are very enthusiastic to share their



knowledge and time with those who truly want to learn. They are also very keen to demonstrate some kiwi style hospitality so some post-work socialising will really make you feel like one of the team!

ABOUT YOUR WORK:

You'll work as a teacher aid to the children and have the opportunity to shadow the existing therapists who treat the children. You'll work under supervision alongside other teacher aids and staff in groups or one-on-one with the students. You will also get the chance to work with the children in a classroom environment and this will give you additional experience in how to work with their disabilities and to overcome these obstacles within education.

Each child will have different problems that the therapists will be looking at, therefore they will be creating individual programmes for each child, which could include any or all of the following:

- Stretching,
- Positioning,
- Swiss ball work,
- Compression through the spine,
- Using standing frames,
- Looking at tone and posture,
- Massaging and maintaining good joints.



As a teacher aid, your main objectives are to enable special needs students to participate as fully as possible in the education and daily living process.

Assisting children on the journey to independence. This includes supporting pupils in the following ways:

- In academic and therapy programmes
- Eating
- Toileting
- Ensuring children are working in a safe, tidy and clean environment.
- Supervising children in the playground

Fulfilment of the primary objective involves accepting responsibility for completing the following tasks:

1. Following the individual timetable given.
2. Supporting children in their activities as directed by the Centre Manager / Therapists / Class Teachers.
3. Preparing, sorting, tidying and maintaining therapy / classroom / Centre resources as directed by the Centre Manager / therapists.
4. Attending meetings as directed and keeping records as directed by the Centre Manager / Therapists.
5. Attending professional development sessions or courses as appropriate.
6. Accompanying students on class outings as appropriate.

Previous graduates have found it to be an excellent experience which has enhanced their learning and also made a great contribution to the centre. Volunteers work in a class and with the teacher, specialists and other Teacher Aides in their collaborative setting. Volunteers are expected to fulfil the same duties as other Teacher Aides as directed by the teacher. Orientation and guidance is provided.

Please note this project is a teacher-aid rather than an internship - this is because Occupational Therapists and Physiotherapists must be New Zealand registered to be able to carry out their professional role. This means that the Centre is unable to offer formal supervision and formal teaching; therefore they are not able to assign you to individual cases.

Previous volunteers have independently kept a log and completed self-generated assignment on their experience. The Centre also provides a reference and evidence of the hours worked at the end of your placement.

The units generally have around 30 children with a range of disabilities. Many of the children at the units are wheelchair bound and require constant attention. The children are split into 3 classes according to the severity of their disability. This means that you can specialise in an area you are more interested in within these classes.

PLEASE NOTE: We can only take one volunteer at a time on this project so we strongly advise booking early.

PLACEMENT DATES AND WORKING TIMES:

You are likely to work between 8:30 a.m. - 3.00 p.m., Monday - Friday. The programme is only available during the school times, which are as follows for 2015:

- Term 1: 2nd Feb – 2nd April
- Term 2: 5th April – 3rd July
- Term 3: 20th July – 25th Sep
- Term 4: 12th Oct – 15th/18th Dec

REQUIREMENTS:

Anyone working with children and/or vulnerable adults is required to complete a Criminal Records Check (CRC) as part of their application process. We'll provide you with the necessary papers and take you through the process

“I am gaining significant valuable experience. I have worked with children before but working with disabled children (both physically and mentally) poses a whole range of different challenges. From learning how to communicate with them so they understand, to how to motivate them to engage with the task in hand.

I am also lucky enough to be working alongside other allied health professionals, being Occupational therapists and Speech and Language therapists so I am learning about their work here as well.”

Rebecca Acheson

ACCOMMODATION

ACCOMMODATION:

You'll live in a centrally located hostel that is friendly and relaxing, making it ideal for long-term stays. You will be sharing a room with other volunteers. There is a communal kitchen and storage area for cooking meals and plenty of space to relax.

Entertainment at your accommodation includes cheap internet access, TV and free pool table. You are literally a stroll from the Sky Tower, harbor and waterfront. Accommodation is very central and close to the main train station and shopping district. Buses are also only a few minutes away to take you to parts of Auckland and New Zealand or to the many other 'things to do'!

Food:

Food is not provided on this project, but Auckland has restaurants to suit all tastes - the most popular cuisine is New Zealand lamb which can be ordered at many restaurants around the city and is well worth it. For meals in local restaurants, a trip to Auckland's inner city centre is well worth the effort - it bustles with activity and offers a range of choices of restaurants.



WHY TRAVELLERS WORLDWIDE?

- Over 20 years' experience of sending thousands of participants overseas, plus the largest variety of flexible projects that are value for money!
- Accredited projects helps appeal to future employers
- Excellent support! And 24/7 emergency helpline for you and your family
- Your own dedicated Project Co-ordinator to answer all questions before, during and after your trip of a lifetime!
- Detailed information on your project and country and suggestions, safety guide, tips and checklists, via our EXTRANET, available from anywhere, 24/7.
- Free pick up from the nearest airport.

HOW YOU MAKE A DIFFERENCE:

By joining a Travellers Program you enable us to keep donating money to worthwhile projects around the world; from clothing and feeding school children, building playgrounds or funding vital conservation research - your participation makes these donations possible.

Donations to **Bridge The Gap Foundation**. This Foundation was set up by us to donate directly to particularly worthwhile and necessary projects for children and animals around the world, and partners with other NGO's to raise match-funding for worthy projects.

The price of this project is a reflection of the following costs:

- | | |
|--|---|
| ✓ Accommodation | ✓ UK administration |
| ✓ Full pre-departure support | ✓ Marketing (brochures, website design and maintenance, attending careers fairs, advertising, website listings and presentations) |
| ✓ Meeting you at the airport | ✓ Project Research/Site Inspection |
| ✓ Transport to the placement site | ✓ Staff Training/Equipment |
| ✓ Local in-country team support and backup | ✓ Donations to worthwhile project |
| ✓ 24hr emergency helpline | |

"Thanks at the best three months of my life ... The support I received was extremely helpful ... I really would recommend Travellers to anyone. Keep up the good work." Stuart Savidge

ADDITIONAL INFORMATION

Got any questions? Please email us: info@travellersworldwide.com

Once you have applied for a placement, we'll contact you and send you our Welcome Pack. You'll also receive Log-on details and password for our Volunteer Extranet where you'll have access to all the documentation and information which we've put together to facilitate preparations for your adventure! Your Project Co-ordinator for your country will liaise with you throughout the arrangements process, as well as while you're on your placement and on your return home.

The documents you'll have access to also include a Country Factfile, Safety Guide and any manuals that may assist you on your particular programme (for example, Teaching Guide, Sports Manuals, Enrichment Suggestions for Animal Care, etc.). We do all we can to make your stay one that you'll never forget. As with all our destinations, the culture and heritage is different to what you're used to ... which, although one of the most exciting aspects of travelling, should be borne in mind. Self-reliance and independence are highly appreciated in all our destinations and will help you to make the most of this wonderful opportunity! This is a truly awesome, elegant and beautiful country.

On Arrival, your Introduction to the Country:

When you arrive you will be welcomed by your Project Supervisor who will take you to your accommodation and introduce you to everyone. During your first few days you'll be given an induction so that you can learn about the country and its culture, as well as useful information, like how to use the transport system, banks, safety issues, tipping, and lots more.

THINGS TO DO IN NEW ZEALAND

LOCATION, EXPLORING AND SIGHTSEEING:

The country can be divided into the North Island, the South Island and Stewart Island, as well as many tiny surrounding islands. The North Island is typically famous for beaches, springs and bush, whilst the South Island boasts mountains, glaciers, alpine forests and farmlands.

AUCKLAND

The city centre boasts great shopping, restaurants and pubs or head over to the viaduct for more pubs, nightclubs and multicultural cuisine. You'll get to work via bus, which is close to your accommodation.

Maori settlement in Auckland was at least 800 years ago where by different tribes built their fortifications on the various volcanoes in Auckland. When the British arrived in 1840 they claimed Auckland as the capital city of New Zealand until Wellington became the capital 25 years later. The city is modern and vibrant - a fun and friendly with beautiful surrounding islands and harbour. Some of its more famous attractions include the **sky tower**, **Rangitoto Island**, the harbor, the **Hauraki Gulf islands** and the many extinct volcanoes that are in Auckland which provide great views of the city...

Climate: New Zealand has a largely temperate climate. While the far north has a subtropical summer, the inland alpine areas can get as cold as -10°C in winter. Most of the country, however, lies close to the coast, which means mild temperatures, moderate rainfall and abundant sunshine.



HOW TO BOOK

TWO EASY WAYS ...

Complete a [booking form](#) online.

Telephone
01903 502595 (UK)
or
1-603-574-4935 (USA)



THANK YOU FOR YOUR INTEREST IN OUR PROGRAMME!

We hope you'll join us!

Don't hesitate to contact us with any questions.

We're happy to help you plan your exciting adventure!

www.travellersworldwide.com

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